

EMU Warmest Masters LCM Swim Meet



Jones Natatorium - Ypsilanti, MI
Sunday, July 17, 2011
sanction#1911-010S

This meet will be swum as Long Course Meters (50 meters)

Eligibility: Only swimmers who have a current USMS membership will be allowed to compete. **A photocopy of your USMS membership card should accompany your entry.**

Entries: Pre-entries are \$30; pre-entries should be postmarked by July 6th. Deck entries on the morning of the meet will be \$35. All relays will be deck entered. Swimmers may swim a maximum of 5 individual events and 3 relays.

Warmup will begin at 8AM, the meet will begin at 9AM. Only one heat of the 1500 Free will be swum; only the first 10 entrants for this event will be able to swim it. No deck entries will be accepted for the 1500 Free.

Enter the pool feet first, no diving is allowed during warm-up, except in designated "start/sprint" lanes.

Location: Jones Natatorium at the Eastern Michigan University, which is located in the Athletic Campus (see attached map)

Meet Director:

Sally Guthrie (734) 913-9282 & Frank "Skip" Thompson (248) 683-2191
salgut@umich.edu FrankSkipThomps@aol.com

Mail entries and a photocopy of your USMS card to:

Sally Guthrie
3521 Windemere Dr.
Ann Arbor, MI 48105-2866

MAKE CHECKS PAYABLE TO:
South Oakland Seals



EMU Warmest Masters Meet Entry, July 17, 2011

Name:	Email:		
Street Address:			
City:	Date of Birth:		
Phone#:	SEX:	AGE:	USMS#

EVENT#	EVENT	SEED TIME
1	1500 meter Freestyle	
2	50 meter Breaststroke	
3	100 meter Butterfly	
4	200 meter IM	
5	50 meter Freestyle	
6	800 meter Freestyle Relays	Will be deck entered
7	200 meter Backstroke	
8	200 meter Breaststroke	
9	100 meter Freestyle	
10	200 meter Butterfly	
11	400 meter Medley Relays	Will be deck entered
12	50 meter Backstroke	
13	100 meter Breaststroke	
14	50 meter Butterfly	
15	200 meter Freestyle	
16	400 meter Freestyle relays	Will be deck entered
17	100 meter Backstroke	
18	400 meter IM	
19	400 meter Freestyle	

I, the undersigned participant, intending to be legally bound, hereby certify that I m physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACITVE OR PASSIVE, OF THE FOLLOWING:UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

Signature_____