

Michigan Masters Swimming and Mason Swimming Present

Masters in Meters at Mason

Sunday October 17th, 2010

All proceeds from this meet will go towards operating expenses for Mason High School Swimming and Diving Teams and a donation to the Sarah Caltrider Inspirational Scholarship Fund.

Spread the word about this inaugural event!

USMS sanctioned # 1910-0011S

Facility/Location: Mason High School Natatorium is located at 1001 S. Barnes St. Mason, MI 48854. The pool has 8 lanes in meters with Colorado Timing System and will have continuous warm up/cool down available. The majority of each lane is 7 feet or deeper water. There is plenty of parking and seating for spectators. We have four locker rooms so there is plenty of space available; Mason is not responsible for lost or stolen items, so please bring a lock. The deck is bright and spacious with several risers for athlete seating.

Meet Conduct: 2010 USMS Rules will govern conduct of this short-course meters meet.

Eligibility: All swimmers must be registered with USMS (proof required). A Photocopy of your 2010 Membership should accompany your entry. If you're not currently a member, you can join online at <http://registration.usms.org/>
Swimmer's age is determined as of 12/31/10.

Records: Swimmers attempting to set records during the meet should notify the Referee to assure that three official timers will be present.

Seeding & Heats: All events will be timed finals. Swimmers will be seeded on basis of submitted times regardless of age. Men and Women will be seeded together. Entrants submitting "no time" may be placed in the slowest heat for that event. Heats will be swum from slow to fast. Heat sheets will be posted around the deck.

Entries: The entry form is on the following page. Paper entry deadline is: Oct. 15, 2010. Entries post marked by October 9, 2010 or received by fax by October 15 are \$25 while deck entries are \$35. Checks should be made payable to **Mason Swim & Dive**. A photocopy of membership and fees can be mailed with entry to: Connie Cantrell, **Mason High School, 1001 S. Barnes St., Mason, MI 48854** or faxed Attn: Connie Cantrell at 517-244-1600. Entry fees will be due at check-in for faxed entries. Each competitor may enter a maximum of **5 individual events**. **Questions?** email ccantrel@mason.k12.mi.us
Entries in the 800 free and 400 IM will be limited to five heats combine, but with 8 lanes I think we can get everyone in who wants to swim these events (First come first serve as always).

Awards: Ribbons will be given for 1st through 3rd place in individual events. **Lunch will be provided by the Mason Swim & Dive Teams and is included in your entry fee.**

Relays: Relay cards may be obtained at the relay card pick-up table. Relay entries/cards are due at the beginning of two events prior to the relay.

Directions: From US 94 take US 127 Southbound -- Exit Kipp Rd. Turn left. Drive through two lights, over rail road tracks, and take next left on to Barnes Street. The High School will be on your right. Turn in to the 2nd or 3rd drive and go behind the building on the North side. There is some parking there by the Aquatics entrance with additional space in the front and south lots.

Name _____

E-Mail _____

Address _____

Date of Birth _____

City: _____ Zip _____

Sex: M or F Age: _____

Phone: (____) _____

USMS# _____

Event #	Session One Warm up 8:00 Events 8:40 am	Seed Time
1	800 Free	
2	400 IM	
	Session Two Warm-up 9:30 Events 10:30 am Or beginning when session one has completed	
3	800 Free Relay	Deck Entry
4	200 Medley Relay	Deck Entry
5	200 Free	
6	50 Back	
7	100 Fly	
8	200 Breast	
9	50 Free	
10	200 IM	
11	50 Fly	
	15 Minute Intermission	
12	400 Medley Relay	Deck Entry
13	200 Free Relay	Deck Entry
14	200 Back	
15	100 Breast	
16	100 Free	
17	100 IM	
18	200 Fly	
19	100 Back	
20	50 Breast	
21	400 Free Relay	Deck Entry
22	400 Free	

MAILED OR FAXED ENTRIES MUST BE RECEIVED BY OCTOBER 15TH

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible, permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHT TO CLAIMS FOR LOSS OR DAMAGE, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (Rulebook article 203.1)

Signature: _____ Date: _____

Emergency Contact (a person who is available during the meet)

Name- _____ Phone # (____) _____ - _____